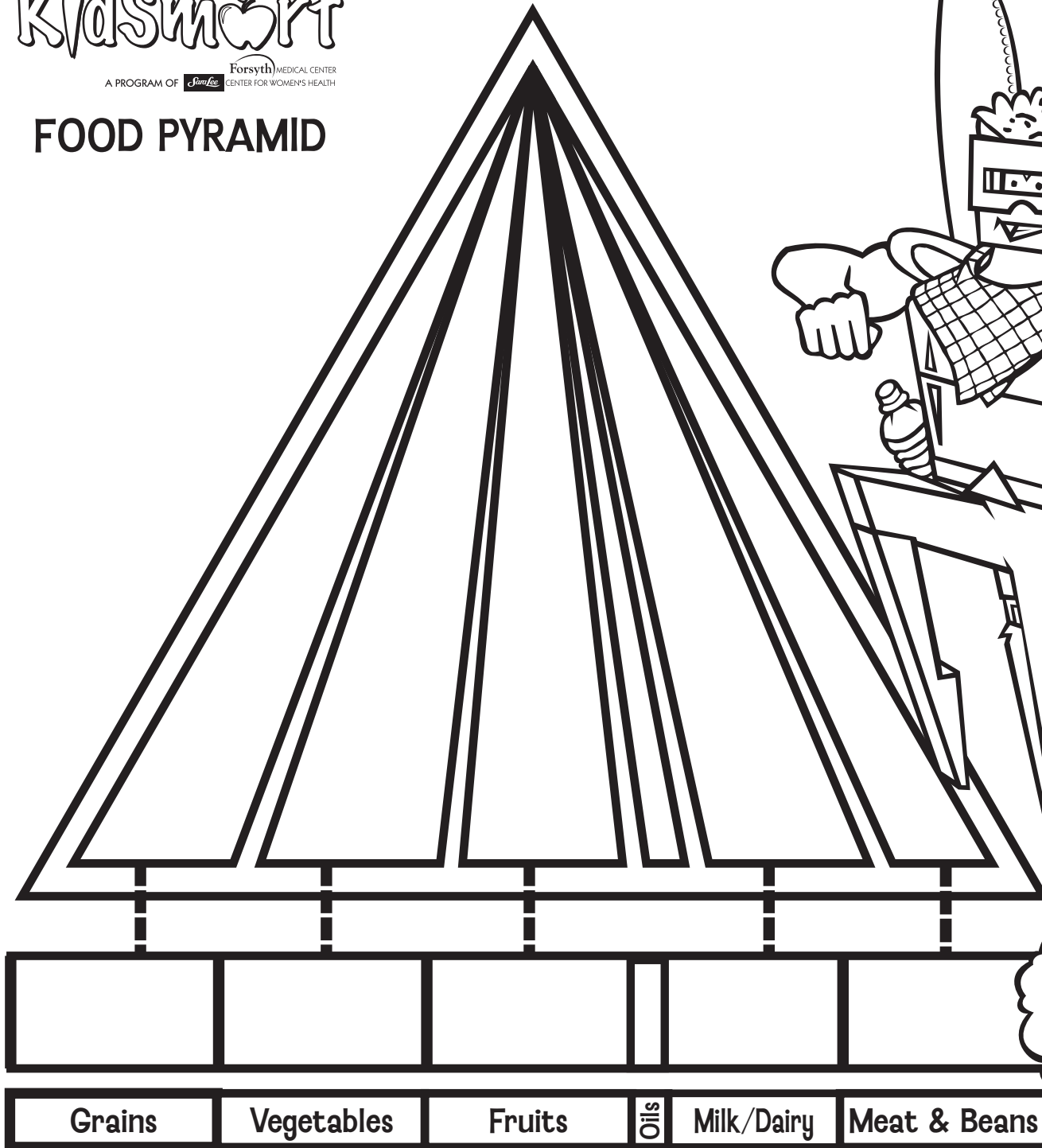


FOOD PYRAMID



Grains

Vegetables

Fruits

Oils

Milk/Dairy

Meat & Beans